

West Covina Buddhist Temple Presents: Open House and Movie Night

West Covina Buddhist Temple invites the public to attend their first Open House and Movie Night. ***The Life of the Buddha***, an informative 1 hour 2003 BBC/Discovery Channel Production, will be shown. WCBT receives many “What is Buddhism?” questions at its LivingDharma.org website, both from people seeking an alternative spiritual path, and from many local college students enrolled in World Religions and Cultural Anthropology classes. For people such as these, as well as the simply curious, this BBC documentary is an excellent contemporary introduction to Buddhism.

- **When: Wednesday, March 31, 7:00 pm**
- **Where: West Covina Buddhist Temple
1203 West Puente Ave
West Covina, CA 91790**
- **The event is free of charge**
- **Contact dharma@livingdharma.org or call (626) 913-0622 for more info**

Key Points made in *The Life of the Buddha*:

- New recent discoveries by archeologists that firmly establish the Buddha as a historical person.
- The famous story of the “plowing festival” is told; at the age of 9, the young Buddha was already sensitive to the interconnectedness of life.
- The Story of the Four Gates illustrates a critical turning point in his path towards finding ultimate truth.
- The Buddha’s awakening is depicted; his “battle” with his ego during meditation and his awakening to the realization that it is our desire and ignorance that are at the root of suffering.
- Westerners are not drawn to Buddhism to follow the path of the monk, but because Buddhism offers a practical teaching that can positively affect our everyday life.
- As the film states, “The Buddha’s awakening 2500 years ago gave rise to the first world religion, a religion without a god, where the path to Nirvana lies in the mind of each and every one of us.”

Screen Shots from *The Life of the Buddha*

